



# INNOVATIVE TRADITIONS

Youth Exchange Erasmus+

June 19th – 26th 2023

Gimigliano, Calabria, Italy

Pro Loco Gimigliano APS



# About the Project

The main objective of the project is to provide young people with the necessary skills and tools to become the drivers of social change by initiating social entrepreneurship projects based on the rediscovery of traditions and ancient crafts.

Project objectives:

- ▶ Promotion of employment and self-employment potential of young people through strengthening innovative capacity, business start-ups and open innovation;
- ▶ Development of innovative models for mutual cooperation in the field of entrepreneurship;
- ▶ Raising young people's awareness of traditions and ancient crafts and how important they can be for creating innovative solutions for entrepreneurship;
- ▶ Motivating young people to undertake and use social entrepreneurship as a force for social change;
- ▶ Improving the entrepreneurial skills of young people;
- ▶ Sharing and exploring ideas, experiences and areas of common interest in intercultural contexts;
- ▶ Understanding the enormous potential of Erasmus+: Youth, as a concrete tool to develop opportunities for young people;
- ▶ Promote the Erasmus+ programme and identify their current resources for young entrepreneurs;
- ▶ Learning to document one's skills and competences, as a way of personal and professional development (through Youthpass);



# Participant profile

Each partner organization will send 5 participants and 1 group leader (6 people in total). Participants and Leaders must agree to take part in the whole duration of the Youth Exchange: June 19th – 26th, 2023

## Participant Profile

- Age requirements: between 18 and 30 years old;
- Motivate to undertake and use social entrepreneurship as a force for social change;
- Has a basic-intermediate level of English;

## Leader Profile

- Age requirements: older than 18 years old;
- Is able to support his/her group;
- Previously participated as participant and/or leader to any youth project at national or international levels;
- Has high English literacy (B2-C1) level;
- Has previous experience in Youth Working and/or Erasmus+

# How to get to Gimigliano?

Choose preferably flights that are landing in Italy in the morning or the day before, so you will have the time and the assured transportation to reach the meeting point on time.

Closest Airport: Lamezia Terme

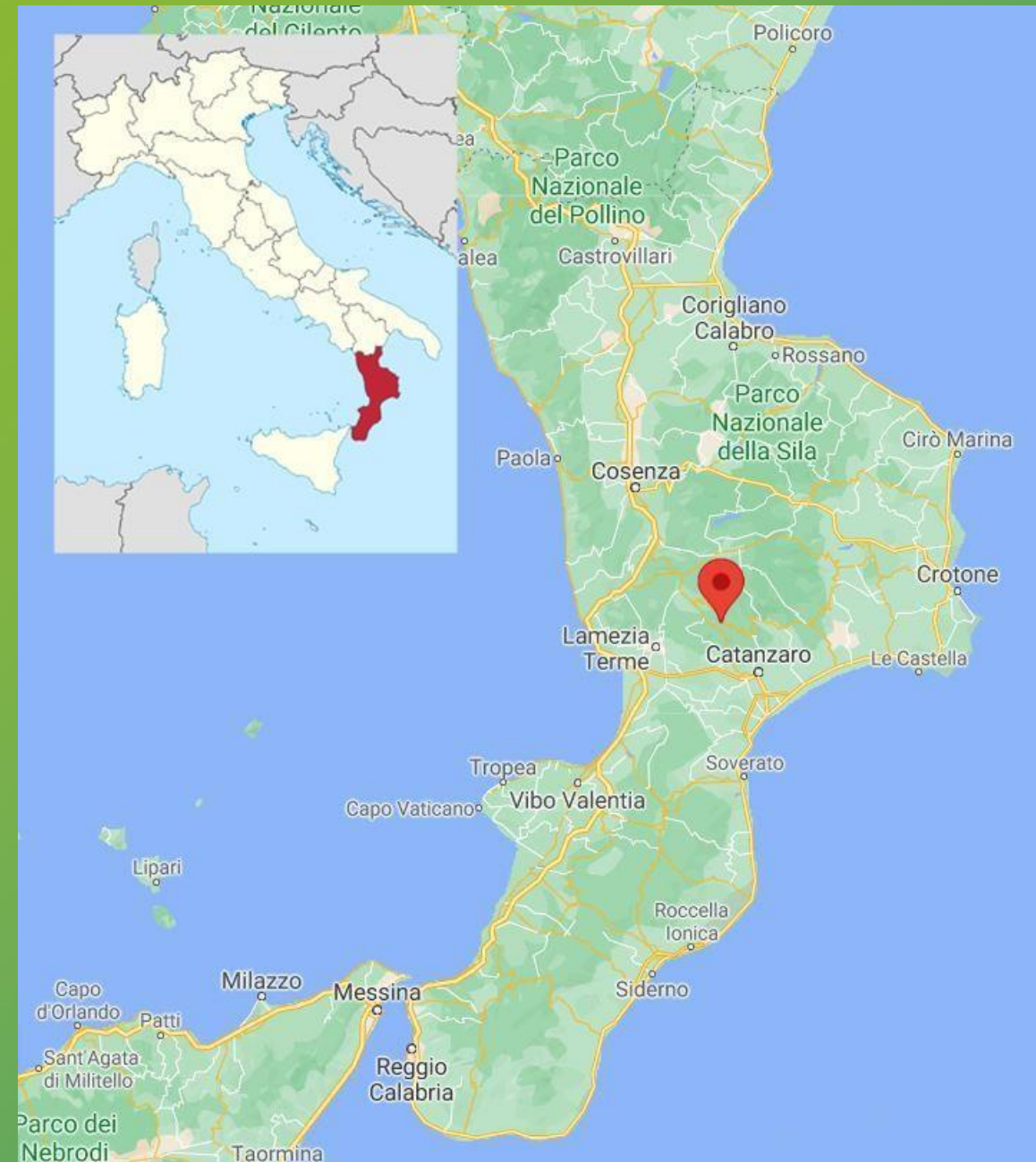
Do not reserve any train ticket in order to reach Gimigliano, as we will provide internal transport from Lamezia Terme to the venue. 😊👉

Very important: We will create a pickup point in Lamezia Terme according to your arrivals. It is important that you will assure your presence in Lamezia Terme not later than 18.00 on June 19<sup>th</sup>. Transport will be organized with a bus from the pickup point to the venue of the Youth Exchange, Gimigliano. Cost of this bus is 30€ per person, and it will be covered with the travel budget. This means that if your total reimbursement is 275€, you will be cut out 30€ from the total amount, so it will become 245€ (30€ is for round way trip.)

**Very Important:** there is no other available transportation from Lamezia Terme to Gimigliano.

After you will communicate to us your arrivals, we will make a schedule that you can follow with information on the exact time and place of the pickup point!

Same goes for the departures, knowing that the organized bus will bring you to Lamezia Terme in the morning of June 26<sup>th</sup> at 8.00.



# Tickets Guidelines

The following guidelines are very important. Please make sure to read them carefully, and if you have any doubt, please ask us!

## Arrival and Departure days of the Youth Exchange: June 19<sup>th</sup> - 26<sup>th</sup>, 2023

Eligible extra days accepted from the National Agency for extending your stay in Italy and receive your reimbursement for your travel fully by our organization are up to 2 extra days.

Please remember that accommodation in Italy cannot be covered for extra days other than the mentioned ones.

Travel route must be approved by us, so before booking your flights ask us and wait for our approval!

### Accepted travel days are:

June 19 <sup>th</sup> – 26 <sup>th</sup> , 2023	
June 18 <sup>th</sup> – 26 <sup>th</sup> , 2023	June 17 <sup>th</sup> – 26 <sup>th</sup> , 2023
June 19 <sup>th</sup> – 27 <sup>th</sup> , 2023	June 19 <sup>th</sup> – 28 <sup>th</sup> , 2023
June 18 <sup>th</sup> – 27 <sup>th</sup> , 2023	



SAVE THE DATE!

Don't forget to keep all your tickets, receipts, reservations and boarding passes! In case of missing documentation, we will NOT be able to reimburse you!

## NEEDED TRAVEL DOCUMENTS FOR REIMBURSEMENT

- ✓ Flight tickets – choose second class, cheaper flights. For flight tickets you will have to provide: Ticket Reservation (you receive it online after you buy your flight, on which you find the cost of the ticket) & Boarding pass (for both ways, printed in original or pdf/screenshot).
- ✓ Train, Bus and Shuttle tickets – make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice is better;
- ✓ Transport by taxi or Rent a Car – reimbursement is allowed only if public transport is not available; a personal written declaration will be needed. (Before using it you can speak with us in order to arrange a cheaper solution if possible);
- ✓ Important: Remember to take a screenshot of app or mobile tickets and boarding passes as it will disappear after you travel, so we need to save the proof.

# Travel Reimbursement & Costs

Project budget covers: 100% costs for accommodation, 100% costs for 3 meals (breakfast, lunch, dinner) & 2 coffee break per day.

Travel costs (from your house to the venue) will be reimbursed up to a maximum of 275€ per participant.

Within this cost: Transport from/to Pickup point to the venue of the Youth Exchange, Gimigliano. Cost of this bus is 30€ per person, and it will be covered with the travel budget. This means that if your total reimbursement is 275€, you will be cut out 30€ from the total amount, so it will become 245€ (30€ is for round way trip.)

Reimbursement will be done after all travel documents and payment proofs will be collected. Reimbursement will be transferred on the organization bank account.

Group Leaders must collect all travel document for their group in this Drive Folder: <https://drive.google.com/drive/folders/1ZH2ghvPdwYRL2PdcJzlSeAX6yXHZX3gu?usp=sharing>

After having collected all printed original forms, they will have to take pictures/scans and put them together with the digital version of tickets.

Please find in the Drive Folder also an Excel file as Reimbursement guide to fill in.

Very important: Reimbursement will be completed only when all documents are correctly collected.

# The Venue

The venue of the Youth Exchange is Gimigliano, a quiet small town in Calabria, Italy.

Participants will be accommodated in tiny houses located around the center of the town.

Lunch & Dinner will be cooked by a trained cook who will prepare traditional food from Calabria, so be ready to taste delicious food!

Breakfast & Coffee Break will be organized by host organization and we will try to keep you energized and happy!



# To Do List

Please make sure to follow the next steps:

- ❑ Prepare yourself on the topic of the project, bringing your creativity and positive energy!
- ❑ Fill in the following form by April 15<sup>TH</sup>:  
<https://forms.gle/HmRD38tnXTa8gRNEA>
- ❑ Reserve your tickets (after hosting organization approval!) by April 20<sup>th</sup>. Upload your tickets and reservations in our drive, as explained in page 6 of the Infopack.
- ❑ Join the official Facebook group, where we will share more info and updates about the project:  
<https://m.facebook.com/groups/199704902767523/?ref=share>
- ❑ Cultural Night – Every national group of participants from one Country will need to present their culture on the intercultural evening: you can bring some traditional food, show traditional dances and tell interesting facts and stories about your Country. You can also prepare games and quizzes!
- ❑ Safety and Insurance – the project budget will not cover a travel insurance, by the way we highly recommend to get a European Insurance Card.

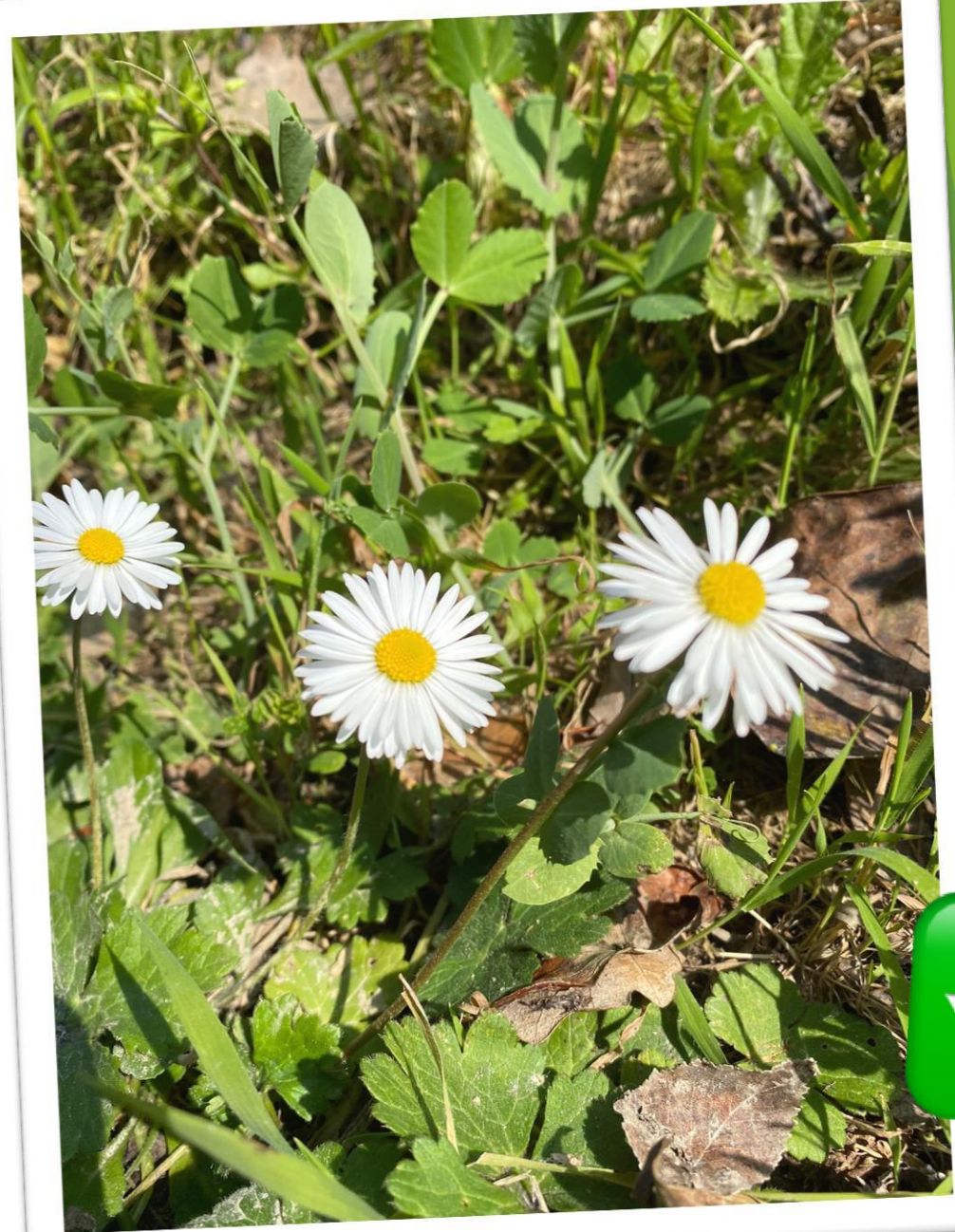




# What To Bring

Please, don't forget!

- ❑ All your travel documents and tickets according to what explained in page 5 and 6
- ❑ Personal cup and water bottles, to be refilled and used personally, in order to reduce plastic use and keep your liquids separate from others!
- ❑ Personal Towels and hygiene items
- ❑ Personal medicines or any unusual personal items
- ❑ Snacks and drinks in representation for your Country, for the Intercultural Nights (there will be a small kitchen available to cook something on spot, but do not bring ingredients for complicated recipes, prefer to bring ready food & drinks...! ☐)



# Contacts & Partners

## PROLOCO GIMIGLIANO

Facebook Page: Proloco Gimigliano

Instagram: @proloco\_gimigliano

Email: [prolocogimiglianoerasmus@gmail.com](mailto:prolocogimiglianoerasmus@gmail.com)

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### OUR PARTNERS IN THE PROJECT:

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# GRAZIE FOR YOUR ATTENTION!

